

**The Album, Book & Surreal Musical Film
About Orpheus, Eurydice And
The One Step That Betrayed Them**

One Step Away

The Orpheus Question



**Because One Doesn't Always Get
A Second Chance In Hell
At Reclaiming Their First Love**

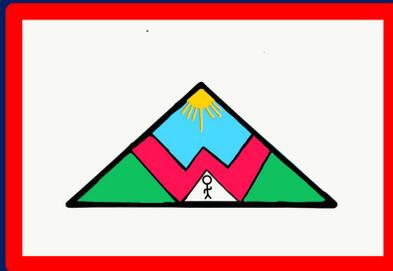
By Eric Sander Kingston

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W.o.W. tm

Wish On Wisdom

Film, Music & Writing For Inner Cultivation



There was once a person, who was granted from Heaven, a wish. They could either wish for wealth, or wish for wisdom. The person replied: "I wish for wisdom. For through wisdom, I will attain great wealth."

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**Excellence, Is A State Of Mind, Body & Spirit:
Practiced Daily, Lived Constantly & Mastered Within.
The Individual Self, That Embraces Self-Evolution & Goes
Beyond Preconceived Limitations, Inspires All Those
Around Them To See That The Human Potential Is
Unlimited**

Eric Sander Kingston

**The Purpose Of My Life, Teaching & Art Is
To Create A Space For You To Be:**

**Strong enough, to face hardship
Brave enough, to endure defeat
Courageous enough, to live in wisdom
(no matter the external conflict)**

&

**Honest enough to learn from lessons of loss,
Without having to live a life of blame, anger
Or regret**

**The Purpose Of My Martial Arts Is
For You To Cultivate Yourself TO HOLD THAT SPACE**

Eric Sander Kingston

One Step Away

The Orpheus Question

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Dedicated To All Seeking Deeper Wisdom

&

To Jim & Pam...

"Great Lovers...People Are Going To Write

Plays About Them." Ray Manzarek



PURPOSE OF THIS STORY

The ancient story of Orpheus, and his tragedy, haunts us to this day. The basics of it are: Orpheus, whose lyre and music once filled the world with joy, loses the love of his life, his beloved, Eurydice,

to the Underworld. He suffers so much, that he is finally advised by Apollo, his father, to go into deep depths of the Underworld, and petition Hades, Lord of the Underworld, for the return of Eurydice, to the world of the living. Orpheus embarks on his journey with his musical lyre. Finally, he makes it all the way to center of darkness, where he finds Hades, and Hades beloved soulmate, Persephone, upon their throne. He plays his musical lyre, and persuades Hades to allow him to take Eurydice, his beloved, back to the world of the living. Hades agrees to release Eurydice, with the one condition, that Orpheus lead Eurydice out of the dark realms, and NOT look at her until they are COMPLETELY in the light,

and out of the darkness of the Underworld. When Orpheus is **ONE STEP AWAY** from his goal, he turns around, and tragically loses Eurydice to the darkness, for a second time seemingly forever.

The Orpheus Question, haunts us to this day: “Why?” Why does Orpheus, one step away from his desire and ending his sorrow, turn around and throw it all away? But more than this, why do so many people turn away, or remain, always **ONE STEP AWAY**, from all the things they say they desire and could have? And what lessons does an ancient story contain that could save us from making the same fear-based choice? This film, book and music sheds a light on this question.

You will have to take a step and read this story to find out, not only what Orpheus needs to understand, but more so, what we as a culture would (from his sorrow) do well to learn and live.

Eric Sander Kingston

ABOUT



THE ALBUM, BOOK & FILM

As part of the Wish On Wisdom series I created, this story, and its book, album of music and film, address the Orpheus Question by using the mediums of song, poetry and imagery to seek to “deliver

people from the limited ways they see, feel and react.”

This story, **One Step Away: The Orpheus Question**, lays the foundation for the feature film and its other works. The film picks up at the end of this story. Orpheus has returned to his music and Eurydice is scene in the shadowy cave behind him. What will he now chose to do? Will he turn around and look at her again before she is in the light? Or will he go into the dark realms again, and see if his wisdom and experience can undo the fates. This is the crux of our film, **Wisdom, without action, is NOT going fix your fate.**

Wish On Wisdom

is

ART THAT TEACHES

My “art” touches on the core philosophy of Nietzsche’s “The Birth Of Tragedy” is “art” was not just some form of entertainment, but was also meant to “heal the tribe” and bring new and hidden wisdom back to humanity and the individual as it creates bridges of unity, mutual respect and understanding. That is the core reason for which I created Wish On Wisdom TO CELEBRATE AND TEACH.

I believe the audience will take away from these words, songs, poems and film, a deeper sense of self, and take that step to elevate their lives and world.

It is in your power to transform, as you will see from this love story of Orpheus, who must choose if he will enter the realms of darkness for a second time because...

**One Doesn't Always Get
A Second Chance In Hell
At Reclaiming Their First Love**



STRUCTURE OF FILM

This is a surreal film, in the realms of Bergman and Fellini. Its structure is similar to Pink Floyd's "The Wall"

**combined with "An American Prayer" by
Jim Morrison & The Doors.**



**This film consists of songs, voice-over
poem/story and surreal imagery. The**

main character can be thought of as a modern Orpheus, who lost his beloved (and dreams) to pits of hell because he turned to look at her before taking that final step out of darkness.

Now, he will enter Hell for a second time, seeking the dangers of the Underworld, to try and reclaim what was once his, with only the hope of what could be again.

SOME SONGS EXAMPLES

I.

1/2 Way to 50

Now the time goes by

As the cracked egg opens the child dies
And what has come to take its place
Is the reason you can't look at your own face

So now it's deep inside of you
The stone lead reason black and blue
But you can't get back the days gone by
As you drown in the river of the tears you cry

And your

1/2 Way To 50 & 3/4's dead

With angry blood planets that spin in
your head

And you can't remember a thing that you
said

So run and you run to set up with the sun
But it's over said and done

II.

DREAMS WITHIN YOUR EYES

I know what you feel

I know what you lie to conceal

Dreams within your eyes

I know what you sleep to hide

You should have known the wisdom of
silence

Mixed together with love's strange violence

Hoping for an easy gain

But with love comes so much pain

SOME POEM EXAMPLES

I.

The Absence Of Angels

I have a misty leaf remembrance
Of an early spring
Orchestrated by much laughter and music
And the sounds of golden coins

One day
I turned around and beheld
An empty leafed forest

The fall had come

Suddenly

Kindness and beauty
Plotted against me

Pointed and accursed finger my way
And said goodbye
Forever

The night came
The winter came

And I

Have been cold and alone
Ever since

Despite my many blankets and music
And pictures

I have not D R E A M E D
In many years

Except for
Now

As I
Remember

But memory is a poor substitute
For Angels

II.

One Twin Soul

Do not look for me upon the vastness of the
oceans seas
For the reflections upon the face of the water
is only a dream

Do not search for me in love stories
Until we meet again, ours will not be written

Do not seek me in the fields of summer
flowers, or
atop the mountains of winter's snow
I will be more surely found within the quiet
sounds of rain and gentle
thunders
of spring

You are more likely to to see me in the
reflections of a mirror
More surely to hear me in the whispers of
your own heart

More likely to feel me within your own
tender and
untouched being

No
My soul mate
My one twin soul

You did not have to search for me

You and I
We were born to be one

SEE FOR MORE WRITING, SONGS, ETC.

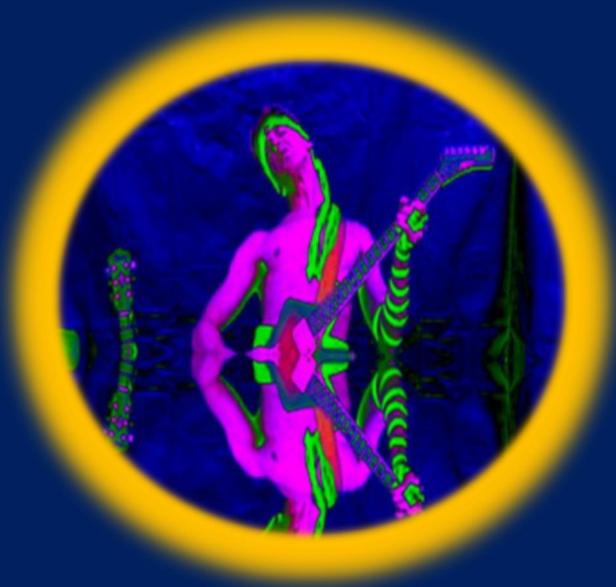
SEE AN EXAMPLE OF MY SURREAL FILM

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One Step Away

The Orpheus Question



One day, a wandering Angel came upon a man whose life seemed filled with a deep, deep sorrow. The man sat upon a cold rock, in front of a dark cave with a musical lyre in hands, weeping. The Angel looked around,

and beheld that this cave of darkness was in the middle of a beautiful sunlit valley. Then, the Angel saw this man was not alone. For all around him were mountains of music, and people who tried to console the man, but this man was lost and frozen for the space in his heart was filled with grief, shame and regret. All he would do, in his place of sorrow, was to wish for some secret wisdom to transform his suffering back into joy.

After a moment, the Angel approached the man and sat down next to him. Feeling the hard torment and pain of the man's anguish, the Angel began to weep as well.

Thereupon, the Angel looked up to the heavens and wondered what this man had

done to deserve such deep, deep grief and seemingly unfair space filled with punishment.

Suddenly, the Heavens replied: "This man is Orpheus, son of Apollo, whose truest beloved, Eurydice, became lost to the depths and darkness of the Underworld. At one time, his music filled even the Heavens with joy. That is the music you see all around him, which he now refuses to play.

You see, after Orpheus lost his beloved, his grief began to fill all the world with a sadness. Finally, to try and end his sorrow, We, the Universe, advised him, through his father Apollo, to go to depths of darkness to try and petition Hades, Lord of the

Underworld, for the return of his beloved. Thereupon, Orpheus took his musical Lyre and took steps, embarking on a great perilous journey to restore his beloved to the world of the living.

Soon, he found the entrance to Underworld, the dark cave where he now sits and weeps. Then, summoning all his courage for his soulmate's return, he bravely entered. He descended, crossing rivers fire and passing through enormous toils and tests that would have destroyed many others, but he finally found the Ruler of the Underworld, Hades at the core of the darkness. Sitting at the side of Hades, was Persephone, Hades own beloved soulmate. The Hades knew why Orpheus had come, and asked him why he

should grant him what he desired, to take his soulmate, Eurydice, back to the world of light and the living. Orpheus looked at the Lord of the Underworld, Hades and His soulmate, Persephone. Then, he reminded Hades of how he must have felt when he found his own beloved, Persephone. Orpheus, then played his musical lyre and sang from the depths of his heart. Moved by the deep passion of the words and song of Orpheus, Hades and his soulmate, granted Orpheus his desire, to take his beloved, Eurydice and walk out of darkness of the underworld. The one and only condition placed on him by Hades was, that she would follow him out of the cave of the dark Underworld, and he was NOT to turn around and look at her until both him and his beloved, Eurydice, were

completely out and in the light. Orpheus agreed.

Thereupon, Eurydice was brought to Orpheus who fixed his mind upon the exit of the Underworld. Then, the man and his beloved, Eurydice, walked and walked together, step by step, until they reached very edge of darkness.

At last, they were both at the realm of their freedom. Orpheus was now standing in a space, one step away from everything he said he wanted, one step away from all his desires, one step away from ending his sorrow and grief. But suddenly, fear filled him.

His trust in the Universe waned, his faith in himself faded, and instead of focusing on the light and joy that was now within his reach, instead of taking that one final step into a new world, his fear caused him to withhold his trust and love. His heart filled with deep dark fear, he thought the Heavens and even Hades had tricked him, he lost the belief that Eurydice was really behind him, and instead of taking "a leap of faith" and taking just ONE more step, he turned around to see if Eurydice was still really with him, and all was lost. All Orpheus could now do was watch his beloved be taken away from him, and descend into the darkness for a SECOND TIME, lost to eternity!

Suddenly, the Angel sprang up and cried out, "How cruel the Heavens and Hell be that YOU take her from him like this!"

"No, dear Angel," replied both the Heavens and even Hell, "How cruel each person is to themselves, and often to others, in the ways they interact and create their lives and their humanity. It is not our cruelty to Orpheus, or to humanity, it's what they CHOOSE to withhold from themselves, in the steps they refuse to take with love, faith and continued courage to step into a higher light. Orpheus is a reminder, for most of them choose to remain in a strange space filled with sorrow:

One step away

From loving themselves and each other
One step away
From being true to themselves and others
One step away
From forgiving themselves and others
One step away
From peaceful existence
From acceptance of their differences
From trusting the possibilities they have
And one step away
From leaving their mask of false self
And living in the harmony that they could
Choose to create

Many of them are always
One more dollar
One more day
One more step

From all they say they truly want and desire

"If only I had "this"

THEN

I could be "that," they say

And even when the treasure is one step away

They withhold their love

And faith in themselves

And in their trust in the Universe

And their hearts and lives descend

Into a space filled with darkness

We,

The Universe may not always seem fair

There are losses and pain

That are beyond most's understanding

These are hard lessons

To understand for certain
But We do
More times than not,
Offer them a possibility for greater wisdom
To take a step out
Of the sorrow filled space they are in,
And to not to remain in what is or what was

But to "dream things that never were"

And rise again

But

That choice of faith, that step into trust

IS THEIRS TO CHOOSE

Not Ours

The Angel then looked back to the crying
Orpheus, who seemed trapped within a
space of his own shame and regret.

Orpheus, who seemed to be lost in pain, and holding his love back from all around him. "Dear Universe," cried out the Angel, "This space of filled sorrow is unbearable!!! What can I do to teach and assist in transforming the complexity of Orpheus's pain?"

"Dear Angel,

Orpheus, and even humanity, are not so complex. Orpheus, and most of humanity, just choose NOT to understand, that their declarations, and rules, and wants by themselves, are not enough to transform their world or their lives. Until they take that final step, and understand the Primordial Law of the Universe, they will never understand the secret of their life.

They will always remain one step away from transforming their pain to joy, loss to lessons and enemies to friends. They will remain in that space of sorrow, always one step away from seeing the truth of their world, and one step away from transforming their fears and pain, into peace and unity until they learn this lesson."

"What then, is this Primordial wisdom that Orpheus seeks, and humanity requires to learn, to step forward and transform?" asked the Angel.

The Universe softly and gently replied:

"They need to learn
That despite whatever happens to them

The pain they feel and create
Is from the love, trust and forgiveness
They choose
To withhold
And they will suffer especially hard
When they choose to remain in that space
ONE STEP AWAY
From the world they COULD create
And the love
They so desire to attain”

The Angel understood now, that like the Universe, all one could do was offer wisdom, the wisdom of awareness to choose a direction, to take a step out of sorrow and fear, but the choice and “leap of faith” to do so, ultimately was up to them.

Then, the Angel leaned forward with great compassion, and dried the tears of the suffering Orpheus, whispering softly into his ear the wisdom for transforming his world:

“THE PAIN YOU FEEL
IS FROM THE LOVE YOU WITHHOLD
THE PAIN YOU FEEL
IS FROM THE LOVE YOU WITHHOLD
THE PAIN YOU FEEL
IS FROM THE LOVE YOU WITHHOLD”

A strange light of that wisdom, and its lesson, suddenly began opening the space of Orpheus's closed heart.

Orpheus looked down upon the ground at his musical lyre and a great understanding

now filled the space within him. Orpheus could now see, that the Universe offers **CHOICES, NOT GUARANTEES**, to us.

Then, picking up his musical lyre, Orpheus “stepped out,” and transformed his own darkness: And choosing to see all the beauty, light and joy around him, he began to compose again, as a faint feminine figure began stepping out of the dark cave behind him.

May We Have Enough Faith In Ourselves
To Not Remain
ONE STEP AWAY
From Allowing The Powers Of
Trust, Love & Forgiveness
To Transform The Space In Our Lives,

With Humanity In Thought,

Eric Sander Kingston
Schayel

www.ericssanderkingston.com

www.wishonwisdom.com

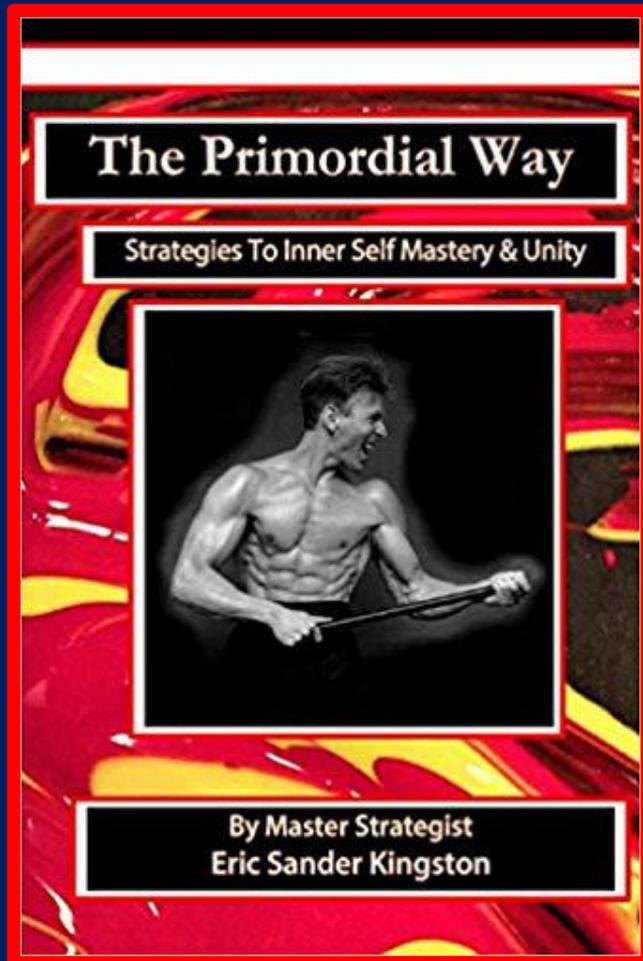
"Sometimes,

You have to take a leap of faith first.

The trust part comes later."

Superman, Man Of Steel

**OTHER BOOKS BY
ERIC SANDER KINGSTON**
See site for complete list of books



Strategies to inner self mastery through the stripping away of dualism to merge with unity. These works take one through an essence of transformation, to attain a cultivated primordial awareness on both the intellectual and emotional level. Once mastered, these strategies, allow one to merge mind, body, soul, as well as thought, speech and action into a unified field which can be applied to any endeavor one chooses. To seek only to master others yields the finite of external limitation. To master the inner self is the way to primordial infinity. **Please Note:** This book is NOT intended for beginners, who do not have some background in ancient energy literature, conflict resolution based on transformation towards inner mutual resolution, or for Martial Artists who do not grasp Gandhi's Wisdom: *"The greatest demons in the world, are those running around our own hearts."*

Also, the "killing" in the book is about LEVEL ONE where you are battling your GUILT, SHAME, REGRET, etc. NOT A PERSON/PEOPLE. LEVEL TWO the problem exists in the heart and mind. LEVEL THREE the urge to do harm is GONE "only peace remains."

To me, Martial Arts is a way of resolving conflict,
ESPECIALLY INNER CONFLICT,
not creating it.

Still

For M.R. written by Eric Sander Kingston

To defend with the concept is harder
than to defend with the technique

To defend with the technique is harder
Than to defend with the body

To defend with the breath is hard
Than to defend with the mind

Therefore,
To strike with the concept is harder
Than to strike with the technique

To strike with the technique is harder
Than to strike with the body

To strike with the breath is harder
Than to strike with the mind

To not strike at all,
Is harder still



Eric Sander Kingston is a Martial Artist, writing, film maker living in Los Angles, California.

His main objective is creating works that unite people through showcasing the wisdom's contained in each and every culture, for the purpose of creating bridges of unity and understanding.

"In the final analysis, our most basic common is that we all inhabit this small planet.

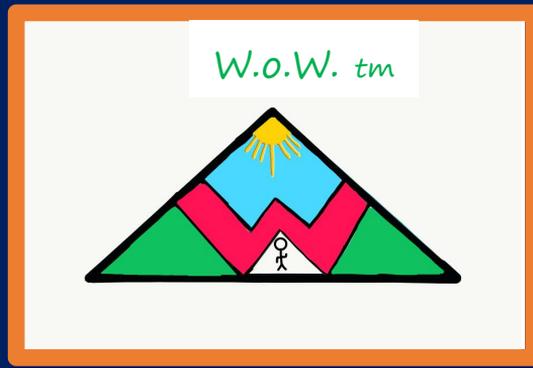
We all breathe the same air.

We all cherish our children's future.

And we are all mortal."

John F. Kennedy

Ericsonderkingston.com
Wishonwisdom.com



Wish on Wisdom is a multimedia series, created by Eric Sander Kingston, for the purpose of sharing the wisdom contained in every race around our world, through original writings, music and film. Become A Part Of This

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